

EXAMPLE PROGRAM FORMAT

University Therapeutic Horticulture Pilot

A focused pilot gives a university a practical way to explore therapeutic horticulture within an existing academic, garden, or student-wellbeing setting.

DESIGNED FOR

- Horticulture programs
- Psychology departments
- Student-wellbeing teams
- Human ecology
- Sustainability offices
- Campus and teaching gardens

POSSIBLE LENGTH

- Six to eight weeks
- One academic module
- A shorter pilot after a guest lecture or seminar

POSSIBLE COMPONENTS AND OUTPUTS

- Initial faculty and staff conversation
 - Program concept
 - Session or curriculum plans
 - Initial facilitated sessions
 - Participant feedback
 - Staff preparation
 - Final recommendations
- Pilot brief and learning goals
 - Activity plans and facilitator notes
 - Garden-use recommendations
 - Basic evaluation plan
 - Next-step report

PEOPLE, PLANTS, PLACE, AND PROGRAM

People People define whom the program serves.	Plants Plants provide the living activity and horticultural foundation.	Place Place shapes what is culturally, climatically, and operationally appropriate.	Program Program connects the other three through purposeful structure.
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NONCLINICAL EVALUATION

A standard pilot may consider attendance, participation, completion, satisfaction, perceived usefulness, activity suitability, facilitator readiness, garden usability, institutional feasibility, and interest in continuing.

Clinical and diagnostic outcomes are not part of the standard pilot evaluation.

This is an example format, not a completed client program or a validated clinical treatment. Final scope depends on the university's people, place, resources, and goals.